

DATE	What	WHERE	WHO	TIME	DISMISS/DEPART (School)	
Monday	November 2, 09	1 st day of Practice	Spare time Lanes	KeHS	3:00 PM-5:00 PM	
Tuesday	November 10, 09	Jamboree	Lake Bowl (ML)	CW Bowling League	1:00 PM Start	9:33 AM/10:00 AM
Thursday	November 12, 09	League Match	Spare time Lanes	Moses Lake	3:30 PM Start	
Tuesday	November 17, 09	League Match	Nob Hill Lanes	Eisenhower	3:30 PM Start	11:33 AM/12:30 PM
Thursday	November 19, 09	League Match	Spare time Lanes	Davis	3:30 PM Start	
Tuesday	November 24, 09	Non-League Match	Valley Lanes	Sunny Side	2:00 PM Start	11:33 AM/12:00 PM
Wednesday – Friday November 25-27, 09 No Practice, Thanks giving Break						
Tuesday	December 1, 09	League Match	Spare time Lanes	Chiawana	3:30 PM Start	
Thursday	December 3, 09	League Match	Spare time Lanes	Wenatchee	3:30 PM Start	
Tuesday	December 8, 09	League Match	Go Bowl Lanes	Pasco	3:30 PM Start	
Thursday	December 10, 09	League Match	Lake Bowl	Moses Lake	3:30 PM Start	1:11 PM/1:15 PM
Tuesday	December 15, 09	Non-League Match	Spare time Lanes	Selah	3:30 PM Start	
Thursday	December 17, 09	Non-League Match	Spare time Lanes	Ellensburg	3:30 PM Start	
December 21, 09-January 1, 10 Winter Break - Practice schedule will follow at a later date						
Tuesday	January 5, 10	League Match	Spare time Lanes	Eisenhower	3:30 PM Start	
Thursday	January 7, 10	League Match	Go Bowl Lanes	Chiawana	3:30 PM Start	
Tuesday	January 12, 10	League Match	Eastmont Lanes	Wenatchee	2:00 PM Start	10:33 AM/10:45 AM
Thursday	January 14, 10	League Match	Minda Lanes	Davis	3:30 PM Start	11:33 AM/12:30 PM
Tuesday	January 19, 10	League Match	Spare time Lanes	Pasco	3:30 PM Start	
Thursday	January 21, 10	Fun Bowling	Spare time Lanes	KeHS Staff	3:30 PM Start	
Tuesday	January 26, 10	Regional Tournament	4A League Champs	TBD		
Friday	February 5, 10	State	Narrows Plaza Bowl/University Place			
Saturday	February 6, 10	State	Narrows Plaza Bowl/University Place			

Home Matches are high lighted

Be at Spare time Lanes at 2:45 to prepare!!! **DO NOT BE LATE!!!**

3:00-3:20 Warm-up

3:20-3:40 One-step (ALL YEAR)

3:40-4:10 Go over new items (Decided among coaches)

4:10-4:30 Game application (Decided among coaches)

4:30-5:00 Open practice