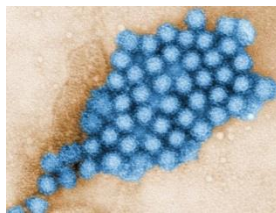


A reminder during cold and flu season: From your friendly School Nurse

In the KSD, any or all student medications must be stored and given out in the office, unless stated otherwise by the health care provider. We must have a medication at school form signed by the provider and parent and the medication is to be provided by the parent to the office in the originally labeled container.



What constitutes medication, you ask?? Good question!! And the answer is: Any prescribed **or over-the-counter** treatment for a medical problem. An OTC includes: lotions, creams, or ointments like Benadryl, Neosporin or diaper rash ointments; Oral medication like cough drops, cough syrup, allergy medications or Tylenol-type pills; any drops for the eye, ear or nose.



(a noro virus cluster)

Noro virus... it has been studied and found that hand sanitizer is NOT effective in killing this bug.

Please encourage frequent hand washing with soap and water!... 30 seconds in length to be effective;

the best time would be prior to lunch. The second most common source of virus sharing is: Yes! Sharing food, but mostly drinks as the cause of saliva exchanges with virus within!! Remind your students and athletes to bring their own water bottles!

